



**SENIOR
SERVICES**

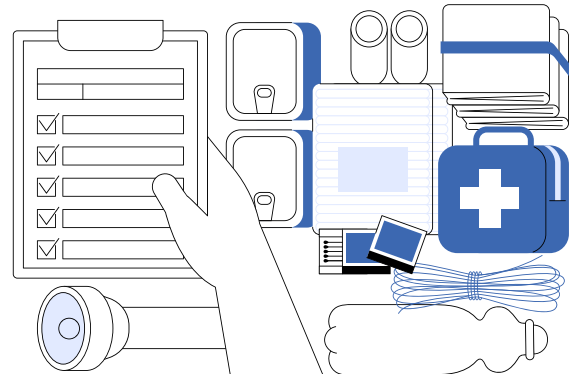
Emergencies Happen
BE PREPARED!

Is Your Emergency Kit Ready to Go?

- | | |
|--|---|
| <input type="checkbox"/> First Aid Kit 7-day supply of medical items | <input type="checkbox"/> Waterproof Bag for Documents |
| <input type="checkbox"/> Antibacterial Wipes | <input type="checkbox"/> Manual Can Opener |
| <input type="checkbox"/> Hand Sanitizer | <input type="checkbox"/> Radio & Flashlight battery-powered or hand crank |
| <input type="checkbox"/> Masks & Gloves | <input type="checkbox"/> Light Sticks 12-hour |
| <input type="checkbox"/> Small Bags with Ties human waste | <input type="checkbox"/> Whistle to signal for help |
| <input type="checkbox"/> Local Maps | <input type="checkbox"/> Hand Warmers |
| <input type="checkbox"/> Pencil & Paper | <input type="checkbox"/> Thermal Blankets |
| <input type="checkbox"/> Paper Goods toilet paper & paper towels | <input type="checkbox"/> Matches |
| <input type="checkbox"/> Personal Items shampoo, soap, sun screen,
toothpaste & toothbrushes, hygiene items | <input type="checkbox"/> Rain Ponchos |
| <input type="checkbox"/> Hand Towel | <input type="checkbox"/> Duffel Bag |
| | <input type="checkbox"/> Luggage Tag |

Additional Items to Consider

- Important Family Documents | see reverse side for list
- Cash or Traveler's Checks
- Cell Phone | include chargers and back-up batteries
- Food | 7-day supply, non-perishable
- Water | 1 gallon per person per day for drinking & sanitation,
7-day supply
- Mess Kits | paper cups, plates, paper towels, plastic utensils
- Change of Clothing, Sturdy Shoes
- Infant Items | formula, bottles, diapers, wipes, diaper rash cream
- Activities for Children | books, games, puzzles
- Pet Items | collar, leash, tags, food, water, bowl
- Plastic Sheeting & Duct Tape | to shelter in place
- Extra Batteries
- Wrench or Pliers | to turn off utilities



- Scissors
- Fire Extinguisher
- Bleach
- Insect Repellent



Prescriptions

- An emergency can make it difficult to refill prescriptions or find an open pharmacy.
- Organize and protect your prescriptions, over-the-counter drugs, and vitamins in preparation for a quick departure.
- Remember to pack any non-prescription medications such as pain relievers, anti-diarrhea medication, antacids, or laxatives.
- Be sure to include prescription eyeglasses and contact lens solution.

Emergency Documents & Items

Imagine how hard it would be after a disaster if you couldn't prove your identity or have access to your bank account. Avoid difficult situations by making copies of important documents and keeping them in a waterproof bag.

- __ Current Identity Documents | photo IDs, driver licenses, birth records, Social Security cards, passports; *Always* keep your Social Security number separate from other documents to decrease risk of identity theft.
- __ Phone Numbers | family, friends, doctors, personal support network
- __ Current Photos of Family Members | in case of separation
- __ Health Insurance & Prescription Cards
- __ Medical Records, Medications, Dosages
- __ Bank Account & Credit Card Information
- __ Legal Documents | wills, powers of attorney
- __ Insurance Documents | homeowner, renter, life
- __ Property Deeds, Leases, Mortgages, Tax Records
- __ Vehicle Titles, Insurance, Leases, Loan Documents
- __ Inventory of Household Possessions & Value | take photos of every room, every drawer, every closet
- __ Computer Files | backup on a USB drive
- __ Copies of Important Keys | home, car
- __ Utility Bills | to prove where you live

Many Thanks to our Emergency Preparedness Donors

LIFESAVERS



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www.ltseiorservices.org
info@ltseiorservices.org
(512) 766-3658