



**SENIOR  
SERVICES**

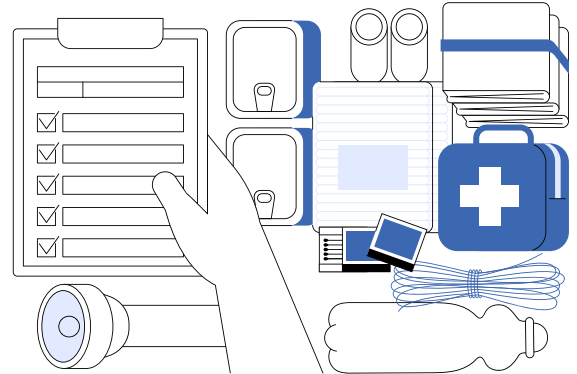
*Emergencies Happen*  
**BE PREPARED!**

## Is Your Emergency Kit Ready to Go?

- |  |   |
|--|---|
| <input type="checkbox"/> First Aid Kit   7-day supply of medical items   | <input type="checkbox"/> Waterproof Bag for Documents                       |
| <input type="checkbox"/> Antibacterial Wipes   | <input type="checkbox"/> Manual Can Opener                                  |
| <input type="checkbox"/> Hand Sanitizer  | <input type="checkbox"/> Radio & Flashlight   battery-powered or hand crank |
| <input type="checkbox"/> Masks & Gloves  | <input type="checkbox"/> Light Sticks   12-hour                             |
| <input type="checkbox"/> Small Bags with Ties   human waste  | <input type="checkbox"/> Whistle   to signal for help                       |
| <input type="checkbox"/> Local Maps  | <input type="checkbox"/> Hand Warmers                                       |
| <input type="checkbox"/> Pencil & Paper  | <input type="checkbox"/> Thermal Blankets                                   |
| <input type="checkbox"/> Paper Goods   toilet paper & paper towels   | <input type="checkbox"/> Matches  |
| <input type="checkbox"/> Personal Items   shampoo, soap, sun screen,<br>toothpaste & toothbrushes, hygiene items | <input type="checkbox"/> Rain Ponchos                                       |
| <input type="checkbox"/> Hand Towel  | <input type="checkbox"/> Duffel Bag   |
|  | <input type="checkbox"/> Luggage Tag  |

## Additional Items to Consider

- Important Family Documents | see reverse side for list
- Cash or Traveler's Checks
- Cell Phone | include chargers and back-up batteries
- Food | 7-day supply, non-perishable
- Water | 1 gallon per person per day for drinking & sanitation,  
7-day supply
- Mess Kits | paper cups, plates, paper towels, plastic utensils
- Change of Clothing, Sturdy Shoes
- Infant Items | formula, bottles, diapers, wipes, diaper rash cream
- Activities for Children | books, games, puzzles
- Pet Items | collar, leash, tags, food, water, bowl
- Plastic Sheeting & Duct Tape | to shelter in place
- Extra Batteries
- Wrench or Pliers | to turn off utilities



- Scissors
- Fire Extinguisher
- Bleach
- Insect Repellent



## Prescriptions

- An emergency can make it difficult to refill prescriptions or find an open pharmacy.
- Organize and protect your prescriptions, over-the-counter drugs, and vitamins in preparation for a quick departure.
- Remember to pack any non-prescription medications such as pain relievers, anti-diarrhea medication, antacids, or laxatives.
- Be sure to include prescription eyeglasses and contact lens solution.

## Emergency Documents & Items

*Imagine how hard it would be after a disaster if you couldn't prove your identity or have access to your bank account. Avoid difficult situations by making copies of important documents and keeping them in a waterproof bag.*

- \_\_\_ Current Identity Documents | photo IDs, driver licenses, birth records, Social Security cards, passports
- NOTE: Always keep your Social Security number separate from other documents to decrease risk of identity theft.
- \_\_\_ Phone Numbers | family, friends, doctors, personal support network
- \_\_\_ Current Photos of Family Members | in case of separation
- \_\_\_ Health Insurance & Prescription Cards
- \_\_\_ Medical Records, Medications, Dosages
- \_\_\_ Bank Account & Credit Card Information
- \_\_\_ Legal Documents | wills, powers of attorney
- \_\_\_ Insurance Documents | homeowner, renter, life
- \_\_\_ Property Deeds, Leases, Mortgages, Tax Records
- \_\_\_ Vehicle Titles, Insurance, Leases, Loan Documents
- \_\_\_ Inventory of Household Possessions & Value | take photos of every room, every drawer, every closet
- \_\_\_ Computer Files | backup on a USB drive
- \_\_\_ Copies of Important Keys | home, car
- \_\_\_ Utility Bills | to prove where you live

## More Resources

Download the **ReadyCentralTX** app for free from the app store for updates and news, emergency plan checklists, and preparedness resources.



- [outagemap.austinenergy.com](http://outagemap.austinenergy.com) | Sign up for power outage text alerts
- [austintexas.gov/alerts](http://austintexas.gov/alerts) | Emergency info available in 14 languages
- [warncentraltexas.org](http://warncentraltexas.org) | Emergency notifications across the Central Texas area

LT Senior Services thanks H-E-B for their  
generous funding toward our  
Emergency Preparedness Program.



Helping Here



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